

# URUGUAY

**A NATURAL COUNTRY**  
FULL OF CHARM



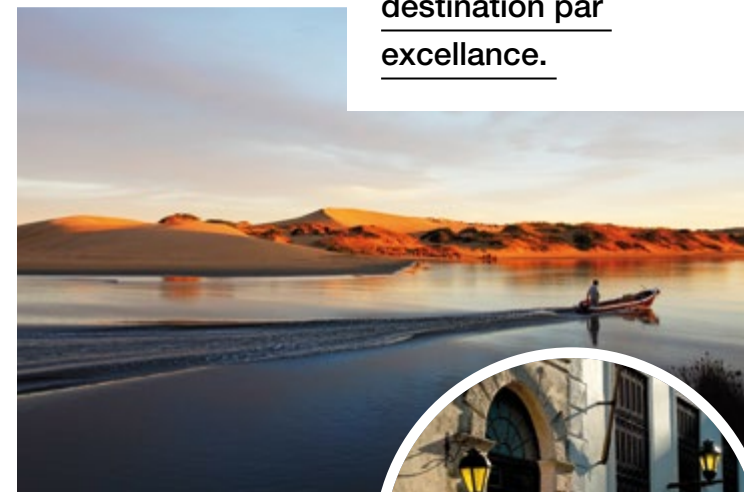
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Uruguay offers endless natural landscapes and a myriad of historical wonders on its 176,000 km<sup>2</sup>, which are all within a short distance and make the country a natural destination par excellence.



Deserted beaches or glamorous holiday spots, natural prairies, vast sand dunes, bird or whale watching, hot springs or historical sites that are part of the **World Historical Heritage (Colonia del Sacramento, industrial landscape in Fray Bentos)** are just a few of the options offered to those visiting Uruguay.

Environmental conservation and protection position Uruguay within the counties holding the best sustainability indicators, recognized by multiple international organizations.

“  
*Uruguay maintains a perfect balance: stable weather all year long, fields of green grass, refreshing beaches and exceptional care of the environment.*”



## WEATHER

Uruguay has **mild weather, stable all year long**, without extreme seasons or important climate phenomena.

## SECURITY

The country offers the highest security level in Latin America in the widest meaning: its population is peaceful, people are friendly, there are specialized police officers to support tourism and the sanitary condition is very high, there being no mandatory vaccines to enter the country.

## COMMUNICATIONS

Telecommunications in Uruguay are widely spread and visitors can find public phones and free wifi areas in many places, even the chance to rent cell phones. Land transportation in the country is mainly by bus or taxi, at reduced costs and very safe.



## URUGUYAN CUISINE

World known at the international level, **barbecued beef** is the highlight of Uruguayan cuisine. Firewood grills are very popular in the country and this cooking method enables the concentration of meat juices, thus maintaining all the flavor.



Uruguay's local treat: **dulce the leche** (a rich and intense type of milk caramel).

Uruguayan **wines** are excellent to accompany these delicious meats, especially those from Tannat grapes, which are defined as intense, powerful, serious and discreet.

The dairy sector is also very well developed in the country and offers top of the list products, especially

## CULTURE AND TRADITIONS

**Tango** is one of the most genuine and original cultural expressions of Río de la Plata. The score of tango's "anthem" know as "La Cumparsita", was composed by Uruguayan artist Gerardo Mattos Rodríguez.

**Carnival** celebrations in Uruguay are the longest in the world. They take all the month of February and part of March. During 40 days there are street parades and a lot of different stages featuring shows full of color and joy.

**Candombe** is a part of this celebration, a symbol of the cultural expression of Uruguay. It originated in the African slaves who came to Uruguay in colonial times and incorporates the African rhythm and dance moves with the costumes worn by different immigrant groups.



## WHEN TO VISIT

Even though Uruguay's summer is a popular season because of the beautiful **beaches**, the country offers a wide scope of options which make it a perfect destination all year long. The northwest region of the country **offers a vast area of hot springs** open all year long, featuring outdoor and indoor pools to enjoy a relaxing visit any time of the year.

There are also a lot of **tourist farms** all over the country which provide a unique experience to visitors and are located only a few kilometers away from the capital, **Montevideo** or the city **Colonia del Sacramento**, a World Historical Heritage Site, or **Punta del Este**, a world recognized sea side resort.



## HOW TO GET THERE

**By air:** Carrasco International Airport, located in Montevideo, receives commercial airlines from all over the world. Punta del Este and Colonia also have their international airports.

**By land:** A very long road network connects the main cities in Mercosur with the principal Uruguayan tourist destinations and a series of International Bridges on the Uruguay River make distances even shorter.

**By sea:** There are daily lines of ferries and ships that connect Buenos Aires with Colonia and Montevideo and they also offer the possibility to travel with vehicles. Numerous sports marinas also provide access to private vessels and yachts.